NERSC
New England Resident Service Coordinators, Inc.

LIVE WEBINAR

Mental Health Update

Presented by

Thomas Burr, Community and Affiliate Relations Manager, NAMI Connecticut, Inc.

Tuesday, June 9, 2020, 1:00 - 2:00 pm, $35, 1 Continuing Education Unit

Participants will learn what mental health is and what mental illnesses are. They will explore the role that trauma plays in mental health, along with the stigma associated around it. Tips for maintaining good mental health will be provided. Learn how to identify someone who may be struggling and what you can say/do and where to go for resources. We will also explore the latest research and treatment options.

Level: Beginner /Intermediate
Track: Professional Development, Supervisory Management, Family & Senior Housing
Format: Lecture
HUD Core Area: Mental Health Issues (Statutorily Required Training Area)

Thomas Burr is the Community & Affiliate Relations Manager at NAMI Connecticut. As a member of NAMI for over 15 years, and a member of the NAMI Connecticut staff since February 2011, he has also served as a volunteer on both the NAMI Connecticut and NAMI Manchester Affiliate Boards; and is the former Board President of the Manchester Affiliate. His current focus is to help everyone in the State of Connecticut know about NAMI and what we provide to help folks affected by mental health challenges, as well as assisting our network of local NAMI Affiliates bring the entire spectrum of NAMI signature programs to their communities

REGISTER AT NERSCINC.ORG

QUESTIONS? Email info@nerscinc.org or call 508-863-0020

Payment, Cancellation & Refunds:
All webinars require payment via credit card at the time of registration.
You will receive a confirmation and receipt. Attendees can cancel their webinar registration up to 48 hours prior to the session for a $30 refund.
The $5 cancellation fee is to cover event and credit card processing fees.
No substitute registrations permitted.